

RACHEL M. HODAPP

September 2023

Department of Anthropology
University of Wisconsin–Madison
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EDUCATION

Present PhD in Medical Anthropology, dissertator, University of Wisconsin–Madison
GPA: 3.970
Doctoral Minor: African Cultural Studies, GPA: 4.0
Relevant Languages: Advanced Swahili, Introductory Maa

2020 Master of Anthropology, with high distinction
University of Wisconsin–Madison

2016 Master of Social Work, with high distinction
University of Wisconsin–Madison
Concentration: Health, Aging, and Disability
Concentration: International Social Work

2013 Bachelor of Arts, Psychology and Anthropology, with distinction
Luther College

PROFESSIONAL LICENSES AND MEMBERSHIPS

2021 – Present Society for Menstrual Cycle Research Member

2018 – Present Advanced Practice Social Work license (APSW), State of Wisconsin

2016 – 2018 Licensed Social Worker (LSW), State of Colorado

TEACHING AND RESEARCH POSITIONS HELD

FA 2023 – Present **University of Wisconsin–Madison**
Graduate Teaching Fellow, African Studies Program
“Introduction to Africa, Survey Course”

Summer 2023 Term **University of Wisconsin–Madison**
Lecturer, Lead Instructor
“Introduction to Cultural Anthropology and Human Diversity”

SP 2022 – SP 2023	Northern Tanzania, Africa Anthropological Field Researcher – 12-month doctoral dissertation project
FA 2021 Term	University of Wisconsin–Madison Graduate Teaching Assistant, Department of Anthropology “Introduction to Cultural Anthropology and Human Diversity”
SP 2019 Term	Graduate Teaching Assistant, Department of Anthropology “Introduction to Culture and Health”
FA 2018 Term	Graduate Teaching Assistant, Department of Anthropology “Cultural Anthropology and Human Diversity”
2016 – 2018	University of Colorado–Denver Division of Pulmonary Sciences and Critical Care Medicine Co-Investigator, National Institutes of Health trial “Critical Illnesses and a Recovery Navigator for Addiction” Professional Research Assistant, National Institutes of Health trials “Building Resiliency: Mindfulness Based Cognitive Therapy (MBCT) for Critical Care Nurses with Burnout Syndrome,” “PRIMROSE,” “EMPATICA”
AY 2015 – 2016	University of Wisconsin–Madison Graduate Teaching Assistant, Sandra Rosenbaum School of Social Work “Alcohol and Other Drugs”
AY 2015 – 2016	University of Wisconsin Hospitals and Clinics Social Work Intern – Bereavement Counselor for families of organ donors Organ and Tissue Donation Program
AY 2014 – 2015	University of Wisconsin–Madison Waisman Center Social Work Intern – Behavioral Counselor for people with disabilities Community Training, Intervention, and Evaluation Services
Summer 2011 Term	Northern Tanzania, Africa Anthropological Field Researcher “Preserving Indigenous Knowledge: Documenting Maasai Medicinal Plants”
AY 2010 – 2011	Luther College Psychological Researcher “Political orientation and beliefs about liberty, justice and personal responsibility”

OTHER PROFESSIONAL POSITIONS

2013 – 2014	AmeriCorps Tutor, Minnesota Reading Corps , St. Paul, Minnesota Literacy Tutor for underserved K-3 children
2013 – 2014	Refugee and Chronically Homeless Youth Mentor, Project for Pride in Living Collaborative Initiative , Minneapolis, Minnesota
Summer 2013	Camp Courage , Maple Lake, Minnesota Cabin Leader for people with disabilities
Summer 2012	Camp Courage , Maple Lake, Minnesota Nature Program Director for people with disabilities

PUBLICATIONS

- Cook, Paul; Hodapp, Rachel et. Al. (2019). "Pilot Randomized Trial of a Recovery Navigator Program for Survivors of Critical Illness with Problematic Alcohol Use." *Critical Care Explorations*, 2019.
- Clark, Brendan; Hodapp, Rachel. (2017). "The Experience of Patients with Alcohol Misuse after Surviving a Critical Illness. A Qualitative Study." *Annals of the American Thoracic Society*, 2017. Jul;14(7):1154-1161.
- Mealer, Meredith; Hodapp, Rachel; Dimidjian, Sona et. al. (2017). "Designing a Resilience Program for Critical Care Nurses." *AACN Advanced Critical Care*. 2017.
- Moss, Marc; Hodapp, Rachel et. al. (2021). "A mindfulness-based cognitive therapy (MBCT) intervention to improve resilience and mitigate symptoms of burnout syndrome in critical care nurses: Results of a randomized trial" *Journal of Psychosomatic Research*. 2021.
- Moss, Marc; Hodapp, Rachel et. al. (2021). "A mindfulness-based cognitive therapy (MBCT) intervention to improve resilience and mitigate symptoms of burnout syndrome in critical care nurses: Results of a randomized trial" *Journal of Critical Care*. 2021.

PRESENTATIONS

- "Blood, Water, and Hope: Menstruation and the Climate Crisis among Maasai Pastoralists of Tanzania," Decorah Iowa, October 2023
- "Menstruation and Menstrual Care among Maasai of Tanzania," Eluwai Village, Arusha Region, Tanzania, Africa, January 2023
- "Towards a Feminism Without Borders: *Olkishoroto* and Maasai Women's Activism in Tanzania" (Pre-Recorded Paper Presentation), Women and Gender Studies Consortium Conference, University of Wisconsin Madison, Madison Wisconsin, April 2022. *Conference moved to online format.
- "Periods, Paternalism, and Power: Menstruation NGO Genres of Self Transformation in Eastern Africa" (Paper Presentation), AfriSem Graduate Student Conference, Northwestern University, Evanston Illinois, April 2020. *Conference moved to online format due to COVID-19
- "A critical illness recovery navigator for alcohol: pilot study" (Poster Presentation), INEBRIA Conference, New York, New York, September 2017
- "Alcohol Screening, Brief Intervention, and Referral to Treatment across the Healthcare Spectrum" (Grand Rounds Presentation), Denver Hospice, Denver Colorado, December 2016
- "Wellness in the Workplace Curriculum" (Workshop Series Presentations), Sun Prairie Public School District, Sun Prairie, Wisconsin, April-May 2016

“Lesbian, Gay, Bisexual, Transgender, Queer+: Substance Use Disorder Treatment Challenges in Wisconsin” (Guest Lecture), University of Wisconsin-Madison, Madison, Wisconsin, April 2016

“Mindfully Moving Through Grief and Loss” (Workshop Presentation), University of Wisconsin Organ and Tissue Donation, Madison, Wisconsin, December 2015

“Cultivating Mindfulness Practice for Support Staff” (Workshop Presentation), Community Training, Intervention and Evaluative Services, Madison, Wisconsin, April 2015

“Political Orientation and Beliefs about Liberty, Justice and Personal Responsibility” (Poster Presentation), Midwest Psychological Association Conference, Chicago, Illinois, May 2013

“Preserving Indigenous Knowledge: Documenting Maasai Medicinal Plants” (Poster Presentation) American Anthropological Association Conference, San Francisco, California, November 2012

“Preserving Indigenous Knowledge: Documenting Maasai Medicinal Plants” (Poster Presentation) National Conference on Undergraduate Research, Weber State University, March 2012

“Preserving Indigenous Knowledge: Documenting Maasai Medicinal Plants” (Poster Presentation) Society for Applied Anthropology Conference, Baltimore City Hotel, March 2012

RESEARCH SUPPORT AND AWARDS

2023 – Present	Africa 277 Teaching Fellow University of Wisconsin–Madison, African Studies Program
2021 - 2023	Fulbright – Hays Doctoral Dissertation Research Abroad Awardee United States of America, Department of Education
Summer 2021	Foreign Language Area Studies Fellowship (FLAS) University of Wisconsin–Madison, IRIS Awards Office Introductory Maa
AY 2020 – 2021	Foreign Language Area Studies Fellowship (FLAS) University of Wisconsin–Madison, IRIS Awards Office Advanced Swahili
Summer 2020	Research Award University of Wisconsin–Madison, Department of Anthropology
Summer 2020	Foreign Language Area Studies Fellowship (FLAS) University of Wisconsin–Madison, IRIS Awards Office Intermediate Swahili
2020	John T. Hitchcock Prize in Anthropology University of Wisconsin–Madison, Department of Anthropology
AY 2019 – 2020	Foreign Language Area Studies Fellowship (FLAS) University of Wisconsin–Madison, IRIS Awards Office Introductory Swahili
2018 – 2020	Three-Year University Funding Guarantee University of Wisconsin–Madison, Department of Anthropology

2014 – 2016	Academic Honors University of Wisconsin–Madison Sandra Rosenbaum School of Social Work (each semester enrolled)
2009 – 2013	Dean’s List Luther College (each semester enrolled)
2012	CUR Social Science Travel Award Luther College, AAA Conference Presentation
Summer 2011	Student/Faculty Collaborative Grant Luther College, “Preserving Indigenous Knowledge: Documenting Maasai Medicinal Plants”
Summer 2011	McElroy Student/Faculty Collaborative Grant Luther College, “Preserving Indigenous Knowledge: Documenting Maasai Medicinal Plants”
2009-2010	Academic All-Conference Award Luther College Women's Soccer Team

PROFESSIONAL SERVICE

2018 – 2019	UW–Madison Anthro Circle
2014 – 2016	Social Work International Interest Group University of Wisconsin–Madison
2014 – 2016	Social Work Multicultural Student Group University of Wisconsin–Madison

OUTREACH

2022 – Present	MS – Training Center for Development Cooperation—Collaborator Monduli District, Tanzania, Africa
2017 – Present	Natopiwo Organization—Co-Founder and Collaborator Monduli District, Tanzania, Africa
2012 – 2013	Student Activities Committee—Cinema Committee Luther College
2012 – 2013	Friends Organization for Community Members with Disabilities Luther College
2012	International Red Cross Volunteer—Refugee Academic Tutoring Sliema and Valetta, Malta
2009 – 2010	Aurora Women’s Select Choir Member Luther College
2009	Habitat for Humanity Volunteer Decorah, Iowa